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NEWSLETTER TEAM :

Ankur Sharma  
Bishnu Phuyal  
Prabhakant Das  
Sagar Regmi  
Sangita Subedi  
Piush Dahal  
Niraj Pant

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This article is typed by  
Ashish Adhikari

## Welcome to Chicago Chautari Times— 29th Edition



For a life to live, one has to abide by many kinds of duties. Duties are our actions for something and reactions to something other. Some actions are for personal sake and some other are performed for others. Actions performed for others' sakes are our responsibilities. We abide many kinds of responsibilities, for example to our family, to our neighbors, to our community, and to larger society such as a country. We also bear responsibility for the living beings of entire Earth. These responsibilities build a strong civil society.

One unique responsibility in our life is in the form of our personal sacrifice for the care and progress of our children. Divine power in us continuously motivates us to bear this responsibility, however difficult it may be. That is why no parents leave any stone unturned for their children's bright

future.

Often times most parents misunderstand that bearing their responsibility is all what is needed to their children. It is certainly true to the most part, but not everything a child needs to become successful and a responsible person in society. A child also needs various things and learns from society, because a community consists of many important things for children. Different activities and events performed in society in a regular basis provide the remaining missing things that children need and parents cannot provide. A simple example is that children see and experience every day the way to live properly in a society.

Many such things in the society are opportunities for them to progress. Those common things are our common requirement

built and established with contribution of some proportion of sacrifice from each and every member of the community. In a society like ours, recently emigrated people from Nepal, children miss almost everything the society provided us. It must be a great concern to all of us to establish a society offering some sacrifice and contribution. In such a society, our children should find things they want to do and learn various important qualities of our community, do not lose the precious important aspects of life and their time. Therefore let us make some sacrifice in this new land of opportunity for their sake. This is our one important responsibility, a small one individually that we must do it and we can do it.

- Editor

### श्रावन मास रुद्राभिषेक

हिन्दु धर्म आचारप्रधान हो जसमा ब्राह्म महिनामा प्रायजसो दिन चाडपर्वले युक्त भएका छन् । भगवान्को नाममा उत्सव र उमंगद्वारा मनोरञ्जनको लाभ त हुन्छ नै, त्यो भन्दा पनि बढी आत्मिक विकास भई ईश्वरीय भाव प्रकट हुन्छ जीवनमा । हामी ब्राह्म महिनाहरूलाई विभाजन गरेर हरेक महिनालाई देवताको पूजा तत्तत् महिनामा

गर्ने गर्छौं । श्रावण महिनामा सबै महिनाहरूमा अति उत्तम मानिन्छ । सबैभन्दा छिटो प्रसन्न हुने शिवजीको सर्वश्रेष्ठ देवताको रूपमा आराधना गरिन्छ । आफू स्वयं त्यागी हुनुहुन्छ भने संसारको कल्याणको लागि

पूर्ण समर्पित हुनुहुन्छ । हलाहल विष पिएर नीलकण्ठ भनेर संसार बचाउने शिवजी कसका प्रिय नहुनुहोला, अर्थात् सबैका प्रिय आराध्य हुनुहुन्छ । साउन महिनामा शिवजीको आराधना गर्दा अति नै शीघ्र प्रसन्न हुनुहुने शिवजीलाई जलधारा अतिशय प्रिय छ । नेपालमा रुद्री लगाउनु भनेको सामान्य जस्तै भइसकेको छ । जुनसुकै पूजा गरे पनि रुद्री लगाउने गरिन्छ तर यसको महत्वको बारेमा हामीलाई ज्ञान छैन किनकि परम्परागत रूपमा चल्दै आएको र पूर्वजहरूले गरीआएको हुँदा हामीले पनि गर्ने गर्छौं । तर शिवजीलाई खुशी बनाएर उहाँको कृपा प्राप्त गर्ने योभन्दा सबल उपाय अर्को कुनै छैन । अबढर दानी शिवजीद्वारा भक्तको लागि अर्पण केही छैन । भनिन्छ, शिवजी दिनमा एक बार सम्पूर्ण संसार घुमेर सबैका इच्छाहरू पूरा गर्ने, आशीर्वाद वार्साउनुहुन्छ । टाइम चाँहिँ फिक्स छैन, त्यसैले हरेक समयमा राम्रो सोच्नुपर्छ । नराम्रो सोचेको बेलामा शिवजी घुम्दै आउनुभन्दा तथास्तु भनिदिनुभयो भने चौपट हुन्छ ।

रुद्री पनि आफ्नै आधारभूमि छ । हामी केका लागि रुद्री गर्छौं, त्यसमा भर पर्छ । दूधले अभिषेक, पञ्चामृतले अभिषेक, वनस्पतिहरूका रसाभिषेक आदि आदि अभिषेक अनेकौं प्रकारका हुन्छन् । कामना विशेषका लागि विशेष विशेष प्रकारका चीजहरूले अभिषेक गर्नुपर्छ भनेर शास्त्रमा बताइएको छ । रुद्री गर्दाअसाध्य रोग शान्ति हुने, ग्रह शान्ति हुने, लक्ष्मी प्राप्ति हुने, विद्या प्राप्ति हुने आदि धेरै धेरै कामना रुद्रीबाट पूरा हुन्छन् । तर विधान भन अलग अलग हुन्छ । जुन कुरा समाजमा प्रचलन छैन, समाजमा त एक प्रकारको मात्र रुद्री प्रचलन छ, पडंग रुद्री, लघु रुद्री, अतिरुद्री, महारुद्री आदि रुद्रीका पनि धेरै प्रकार छन् । साउन महिनाभरि रुद्री गरेर शिवजीको पूजा गर्दा जुनसुकै इच्छा पनि पूर्ण हुन्छ । यो पूरा महिना शिव पूजाका लागि हो । विवाहका लागि त विशेष गरेर कुमारीहरू श्रावणको व्रत राख्छन् भने विवाहितहरू पनि सुखी दाम्पत्य जीवनको लागि साउनमा उपवास बस्छन् । जे होस्, सर्वजनद्वारा शिवजीको पूजा गर्ने महिना हो श्रावण । शिवजीले सर्वजन कल्याण गर्नु ।



### Life going Solo and Political Leaders - By Yagna Pant

I have a good neighbor who is in the 70s. His spouse was in a paralyzed state for a few years before she passed away last year. I still see him very active waking up around 5:00am in the morning doing gardening and other stuffs to go about his daily activities. He tells me that his kids left house many years ago to start their own family and in special occasion he drives to meet them or they come to see him a few times in a year. I call my brother in Nepal. My nephew is in the US pursuing higher studies. They have built a very big house with marble floors and with all the latest and greatest gadgets from overseas. My cousin brothers' two kids are also in the US - both of them got recently married and starting their own family. However the whole big house in Nepal is only for the two of them to enjoy. I reflect upon these families sometimes and try to find commonalities with my own situation. Per human nature and psychology, when see or read about misfortunes, we mostly tend to think that the tragedy will only happen to the other folks (except me). However whether we want to admit or not, all of us will be alone at some point in our life. I am glad that my neighbor is still in a very good physical state. I can't predict my situation in the next few years. I wonder whether this type of thought process ever goes to some political leaders.

### Earth is worthy enough to be taken care of - Nisha Pant



Have you ever thought what would happen even if you just threw 1 wrapper on the floor? You were probably thinking oh 1 wrapper would not make a difference to the environment! Well what if everyone in the world thought that? There would be over 3 billion wrappers on the floor everyday! We don't even think about our earth. The way we are polluting the earth, there will be no chance of saving it unless you can help.

First of all Cars give off way to much pollution! It pollutes the air so bad with chemicals and toxic waste that not only will ruin our earth but it will ruin our bodies if we inhale it. It is almost like smoking a cigarette, a cigarette ruins your lungs (in this case the earth) and some people can catch second hand smoke if they live with people who smoke. We should have at least own one hybrid car because hybrid cars switch to battery power when the car is idling. May seem like a little bit of idling but it pollutes the air less than you think. If you think about how many times you stop with your car you will see that it is a lot! You may think that hybrids are more expensive than your average car but, a hybrid is actually cheaper! With all of money on gas you spend more with an average car. You will save less money than with a regular car because a regular car needs a lot of Gas (don't even get me started on a jeep!)Therefore, a hybrid is cheaper!

Second of all, we litter in the oceans and Lakes. You don't think anything will happen if you litter in the water. Well Remember in Happy feet The Emperor penguin had a piece of plastic stuck around his neck that came from a 6 pack of coke or other pops sold in cans and then he started choking from the plastic because it was wrapped around so tight. See how it can affect things. The underwater life! If we kill the underwater life we will be killing the whole ecosystem under there or even some animals on earth (not in water). You know how the food chain works! You know how bad this got? People littering in water? Well there was one time it got so bad a Lake started on fire! How could that happen? Well it did! Now do you understand?

To make this clear, we need to get people to start acting up and not ruining our earth. You got all the facts now all we need is you to step up and help our world!

### Change

By Shreekesh Tamrakar  
(Age:14)



Dark and light patches of clouds surround this dull day. Windmills slowly move on this calm evening. Rembrandt tells Titus about his exciting childhood While the trees come to life with a howling wind. The windmill spins gray clouds form and they hear and see lightning. Titus and Rembrandt seek shelter. The clouds clear, bright blue skies come, while Titus and his dad see a smiling sun.

### CONDOLENCE MESSAGE



हाम्रो प्रार्थना र सम्झनाको अभिन्न पात्र :....मेघना बिमली .... तपाईंको आत्माले चीर शान्ति पाओस हार्दिक श्रधान्जली

Meghna Bimali, is no longer with us. She is survived by her husband and a son. May God rest her soul in peace. Our deep regret and sympathy goes to her family, may God give them strength and courage to bear this tragic loss.

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### Simple Household Hacks to save you money - Niraj Pant

The title is self-explanatory, really. Using old technology laying around in your house, you can hack these following products to make them more useful. If you don't have them, they can be easily purchased at very low prices.

#### Buy a Radio-Transmitter to eliminate Music Docks and Radio Subscriptions

Yes, there will be no more terrible songs on the radio thanks to radio transmitters available for \$15. You simply attach your iPod or other MP3 device to the transmitter. Then, the transmitter broadcasts everything you play to a low frequency, so you can play it on your car stereo. Just think of it as your own radio station, but don't bask in the glory for too long.

#### Build a "Hackintosh"

Priced at \$1000+, MacBooks can be great products, but they may just break the bank for some people. By building or buying your own computer and modifying the BIOS, you can have your own unique "Hackintosh". All you need to do is modify the BIOS with a special DVD and install Snow Leopard, which is available for \$29 at apple.com. For more information please visit, <http://lifehack.kr/a0czZk>

#### Reuse an Old PC as a Media Center/File Server

Many people have old computers lying around in their homes which are not in use. Don't throw them away! You can repurpose these computers to play movies and other network-related content or back up and copy important data. Boxee, a free Linux distro, can stream and record TV, watch movies, and browse the internet. Buying a cheap router and attaching it to a computer can act as a server to host files, media content, etc.

#### Eye Toy as a Web Cam

The Eye Toy Camera was designed for the Play Station 2 to engage the player in the game itself. The Eye Toy camera can be picked up at your local GameStop for \$3 and you can also have some fun playing the games that go along with the camera. Curious users have developed drivers for the Eye Toy to double as a high quality web cam. play movies and other network-related content or back up and copy important data. Boxee, a free Linux distro, can stream and record TV, watch movies, and browse the internet. Buying a cheap router and attaching it to a computer can act as a server to host files, media content, etc.



### Cryptids - Paras Adhikari

Did you see a ten foot tall gorilla-man creature with huge claws and huge feet in the Himalayas? Well if you did you were either delusional or Cryptids actually exist, such as the Yeti. Cryptids are unknown or made up creatures from the wild. Some really popular Cryptids are Yeti (or abominal snowman), the Loch Ness Monster, and the Chupacabra.

To begin, one of the most famous Cryptids is the Yeti (Sasquatch) another form of the Big Foot. One difference is that the Yeti lives in the Himalayas between Tibet and Nepal. It was first seen in the 1880s by climbers trying to make the highest climb on earth. Most descriptions of the Yeti are that it is a large ape-man like creature, around 7 to 8 feet tall, covered with coarse hair of a dark brown or gray. And also has been said to be very deadly and attack people.

Another famous cryptid is the Loch Ness Monster or a water dragon. It is said to live in the Scottish Highlands in

a loch. The first time it was seen was in the 1930s. Most descriptions are it has a set of paddles, horse shaped head, and has a scraggly mane down its long neck, and has small horns. Many people have said it hits the sides of boats and hurls them along the lake.



Further there is one more kind of cryptid which is the Chupacabra. This cryptid is said to suck blood from livestock. It is located in Puerto Rico and was first sighted in 1995. Many people say that it has large red or orange eyes, fangs, sharp claws, and walks on four feet that are webbed.

Cryptids are unknown or made up creatures from the wild. These were only some examples of the really well know Cryptids. Also, remember there are other Cryptids out there so if you see a weird or creepy creature you most likely found a cryptid.



### Coca-Cola Co - Pascal Adhikari

The Coca-Cola Product was first invented by a pharmacist named John Smith Pemberton in 1886. Then it was bought by Asa Chandler who made the company in 1892. Beside it's main beverage, Coke. They now have more than 500 brands in over 200 countries! Plus it serves 1.6 billion servings every day. In 2007 Coca-Cola sold 42% of their products in the United States. Now, Coca-Cola is headquartered in Atlanta, Georgia. It's also a major tourist attraction that supplies you with movies and tours.

## काँच को भांडो र दुई कप चिया

जीवनमा जब सबै कुरा एक साथ छिटो छिटो गर्न इच्छा हुन्छ, सबै कुरा चाडै पाई हालने इच्छा जागृ, र चौबीस घण्टाको दिन कम भएको जस्तो लाग्दछ, त्यस्तो बेला हामीलाई यो ज्ञान कथा "काँचको भांडो र दुई कप चिया" को याद आउँछ।

दर्शनशास्त्रका एकजाना प्रोफेसर कक्षामा आएर छात्र-छात्राहरूलाई भन्नु भयो म आज तिमिहरूलाई जीवनको एउटा महत्पूर्ण पाठ पढाउछु ...

वहाँले आफ्नो साथमा ल्याउनु भएको एउटा काँच को ठुलो भांडो (जार) टेबलमा राख्नु भयो र टेबल टेनिस को बलहरू त्यसमा एकएक गरि हाल्न थाल्नु भयो। जव भांडोमा अरु राख्ने ठाउ नरहेपछि वाहंले छात्र-छात्राहरूलाई सोध्नु भयो के अव भांडो भरियो? ...

हो भरियो ... सवैले भने ...

फेरी प्रोफेसर साहबले सानु-सानु ढुंगाहरू हालन थाल्नु भयो, बिस्तारै भांडो हल्लाउनु भयो, जहाँ जहाँ खली थियो त्यहाँ अरु ढुंगा पानी अटायो, यसरी वहाँले भांडोमा धेरै ढुंगाहरू हालनु भयो।

वाहंले छात्र-छात्रा हरुलाई फेरी सोध्नु भयो के अव भांडो भरियो? ...

अनि छात्र-छात्राहरूलाई फेरी भने ... हो भरियो ...

अब प्रोफेसर साहब ले एउटा थैलो बाट बालुवा तेस भांडोमा हाल्न थाल्नु भयो। जहाँ जहाँ टेबल टेनिस र ढुंगा न भएको खाली ठाउ थियो त्यहाँ बालुवा भरियो।

यो देखेर छात्र-छात्रा हरु लाइ अचम्म र आफ्नो नादानी प्रति हाँसो उठ्यो ...

फेरी प्रोफेसर साहबले सोध्नु भयो के अब त यो भांडो पूरा भरियो होईन त?

हो ... अब त भांडो पूरा भरियो, अरु ठाउं बिल्कुल बांकी छैन ... सबैले एकैपल्ट भने।

यस्पछि सर ले टेबल मुनि बाट दुई कप चिया निकालेर तेहि भांडो मा फेरी हालनु भयो। चिया पनि बालुवा को बिच बिच मा भएको खाली ठाउंमा गयो र मिसियो ...

यसपछि प्रोफेसर साहब ले अली गंभीर आवाजमा सम्झाउन शुरु गर्नु भयो - यो सीशाको भाडोलाई तिमिहरूको आफ्नो जीवन सम्झ ...

टेबल टेनिस को बलहरू भन्नाले जीवनको सबै भन्दा महत्पूर्ण कुरा अर्थात भगवान , परिवार , संतान , मित्रहरू, स्वास्थ्य र शुख दिने कुरा हरु मान्नु पर्छ, सानु-सानु ढुंगाहरूको मतलब हो नौकरी , कार , राम्रो घर आदि हो, र बलुवा को मतलब माथी उल्लेखित भन्दा अलग साना साना बेकारका कुरा, आपसी मनमुटाव , झगडा आदि हुन ...

अब यदि तिमिहरूले काँच को भाँडोमा शुरुमा बालुवा राखेर भरेको हो भने ता टेबल टेनिस का बलहरू र ढुंगा राख्ने ठाउं बिल्कुल हुदैनथियो, अथवा सबभन्दा पहिला ढुंगा राखेर भरेको भये टेबल टेनिस का बलहरू राख्ने ठाउं हुदैनथियो तर बलुवा भने अवस्य राख्न सकिन्थ्यो ... ठीक यही कुरा हाम्रो जीवन मा पनि लागू हुन्छ ...

यदि तिमिहरूले स-साना कुरा हरु लाई मात्रै बढी महत्त्व दिऔ र आफ्नो समय-शक्ति तेसैमा खेर फालेऊ भने तिमिहरू संग मुख्य कुराहरू को लागी चाहिने समय नै बांकी रहदैन ...

मन को सुख र संतोष को लागी के जरूरी छ यो तिमिहरूले निधो गर्नु पर्ने कुरा हो।

आफ्नू छोरा-छोरी हरु संग खेलने, बगैचामा फल-फूल रोपी पानी हालने, विहान श्रीमान श्रीमती संगै घुम्न जाने, घरमा भएको अनावश्यक सामानहरू अरुलाई दिने या फेकने, नियमित स्वास्थ्य परिचयण गर्ने ... टेबल टेनिस को बलहरूको ख्याल पहिला गरौ, यहिकुराहरू वढी महत्त्व पूर्ण हुन ... पहिला निर्णय गर की के कुरा जरूरी र आवश्यक हो ... अरु बांकी सवै त बालुवा जस्तै हो ... विध्यार्थीहरू ध्यान दिएर सुनिरहेका थिए ... अचानक एक जनाले सोध्यो ...

तर सर तपाईं ले "दुई कप चिया" को अर्थ के हो भन्नु भएन? प्रोफेसर साहब मुस्कराएर भन्नु भयो ... म येही बिचार गरिरहेको थिए की अहिले सम्म यो प्रश्न किन कसैले पनि नगरेको ... यसको उत्तर यो हो की जीवन हामीलाई जति सुकै परिपूर्ण र संतुष्ट लागोस, आफ्नो प्रिय मित्र संग बसेर दुई कप चिया खाने समय भने अवस्य नै हुनुपर्छ।

(यो कुरा आफ्नो खास मित्र हरु र निकट व्यक्तिहरूलाई शिघ्र भनौ)

## Sunny Moonshine

- By Sutapa Adhikari



Fragile curiosities nature serves to offer,  
While spaces seeping through white linger.

Tangible they seem and softly they arrive.

Lucid rumbles force infinite surfaces to light  
And color's final flood brings salvation to human plight.

One fighting moment beckons the sphere to rest still.

A magnetism exists pulling everything over,  
Shielding vast contrasts amongst day and unknown power.

Stars distastefully welcome ambiguous satisfaction.

Humble spirits hum alongside living and ashen souls,  
Beseeching joy to fog churning minds and conquering faithful holds.

Neither round nor crescent need shy from heavenly skies.

### Best Wishes to our Birthday Stars

Submit your birthday Information with the pictures by via email to [peopleof-nepal@gmail.com](mailto:peopleof-nepal@gmail.com) by 20<sup>th</sup> of the month, to be included in our next edition.