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Chicago Chautari Times



Welcome to the 9th Edition of Chicago Chautari Times

Finally, Nepal Government Passed the Budget for fiscal year 2009-2010, to the great relief of all the Nepalese and especially to the civil servants. But political deadlock is still on in Nepalese political paradigm. Big parties are still having issues in finding consensus. What is obstructing them reaching the agreement and how long will it take for them? Time will tell but this is a crucial period in Nepalese history. Hence in

order to institutionalize the achievements of the last people's revolution by drafting new constitution for which we are left with very minimal time, our leaders have to act smartly and morally. They should think of the sentiments of the Nepalese people rather than in achieving their political or personal ego. We all hope that our political leaders will get wisdom soon and they come up with some solution for the status-quo and move

ahead in creating a better Nepal by drafting a new constitution soon which is the need of the hour.

"Happiness is what you think, what you say and what you do are in harmony"
– Mahatma Gandhi

- Editor (Sagar Regmi)



Dec 2009
Volume 1, Issue 9

Inside this issue:

आत्मज्ञान	1
Few words from ...	2
Bhajan ...	2
Kalimati Clinic	3
Computer Refurb	3
Cultural Centre	3
रिक्सा नं ३३७ ...	4
Truth	4

आत्मज्ञान

हामीलाई संसार र आफ्नो बारेमा ज्ञान छ तर यहि शरिरमा रहेर कुरा गर्ने आत्माको बारेमा केहि ज्ञान छैन । हात, खुट्टा, मन, बुद्धि आदि इन्द्रिय मेरा हुन तर त्यो सम्पूर्ण शरिर म होइन । म त शुद्ध बुद्ध आत्मा हुँ । सत्, चित्, आनन्द मेरो स्वरूप हो । तर आत्मा अनेक जन्मका संस्कार रुपी आवरणहरूले ढाकिएको हुंदा देख्न गाह्रो परेको छ । पर्दा लागेको छ । सम्पूर्ण धार्मिक कर्म आत्मालाई अन्तर्मुखी बनाउने प्रक्रिया हो । हामी यति धेरै बहुमुखी छौं कि कसैले सत्य कुरा बतायो भने पनि बिश्वास गर्न सक्दैनौं । जसले अन्तर्यात्रा गर्छन ती ब्यक्तिहरु परम आनन्दको अनुभूति गर्दछन् । आखीर आनन्द त सबैलाई चाहिएको छ तर हामीलाई थाहा छैन आनन्द त भित्र आत्माको विषय हो । तर बाहिरको चिज मिल्दा सुख आनन्दको अनुभूति हुन्छ र मान्छे यहि सोच्छन् कि बाहिरबाट आनन्द आयो । यो कुरा सत्य होइन । तर सत्य जस्तो लाग्छ । यसैलाई अज्ञान भनिन्छ । किनकि बाहिरका चिज पाउन मन तडपिन्छ, जसले गर्दा शान्त मनमा आनन्द स्वरूप आत्मको प्रतिबिम्ब पर्छ जसले गर्दा सुखको अनुभूति हुन्छ । प्रतिबिम्बमा त यति आनन्द छ भने बिम्बमा कति होला ? अनुमान गर्न गाह्रो छ । अज्ञानको नाश भए आत्मको दर्शन हुन्छ जुन कुरा लाखौं जीवनको लक्ष्य हो । त्यो आत्मामा नै शिवजी, ब्रह्माजी, विष्णुजी रमण गर्नु हुन्छ । जसलाई प्राप्त गर्नु जीवनको सार हो । नेति नेति बाक्यद्वारा त्यहाँ पुगिन्छ । तर त्यो कला गुरुकृपा बिना संभव छैन । जड र चित् को गांठो फुकाइ दिने एक मार्गदर्शक गुरु पाए जीवन सफल बन्दछ । देहसक्ति छोडेर आत्मरमण गर्नु नै आत्मज्ञान हो । ज्ञानस्वरूप परमात्मा हामीलाई प्राप्त होस् । अस्तु

पं. तुल्सि राम शर्मा

(Typed By: Sangita Subedi, Edited By: Bishnu Phuyal)



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Page 2 for Details

नेपाली culture center सिकागो गतिशीलता को बाटोमा देखेर खुसी लाग्यो , तपाईंको प्रयत्नमा भैरहेको स्तुत्य थालानिले शीघ्र साकाररूप लिनेछ भन्ने विश्वास छ | The document about the Proposed Bylaw for Nepali Culture Center Chicago लाई पढे , आवश्यक कुरा सबै पायें |

पीपुल ऑफ नेपाल सिकागो चौतारी को आठौं प्रकाशन जस्ता कार्य विदेश वा स्वदेश बासी सबैकालागी गर्वको विषय हो , यस्ता कार्य लाई निरंतरता दिन हाम्रो तत्परता रहिराख्नु पर्दछ |

मैले यो प्रकाशन पढे , पं तुलसी राम जीको दीपावलीको सांस्कृतिक परिचय संदर्भिक छ , विक्रम जीले आउनु तिमि चखना लाई भनेर पढनेको मुख रसाई दिनु भएको छ | ज्योति जीले मानिस सम्मुख हुंदा कसरी प्रस्तुत हुने जहाँ आत्मीयता र सरलता झाल्कोस, संदेहले सामीप्यता आ उदें न , मदर् टेरेसा को सदुक्ति if you judge people you have no time to love them अत्यन्तै संदर्भिक छ | You can't please everyone but you can be nice to them जस्ता उत्प्रेरक वाक्य लेखेर ठुलो मान्छे हो इ न , अ स ल मान्छे हुनु पर्छ भन्ने नीति का वचन संस्मरण ग रा उ नु भएको छ | सौम्य जीवन पद्धति को प्रस्तावना समेत भन्न सकिन्छ यो लेख लाई |

Leaving Microsoft to change the world (book reviewed) मारफत १२वर्षे नीरज जीले नेपालका तमाम छात्र छात्राको र स्कूल को नियतिलाई उजागर गरेको छ , John जस्ता मित्रहरू पनि हामी नेपाली संग छन , हामीले समयमा बुझ्न सकेका छैनौं जस्तो लाग्छ | यो बुक सबैका लागि प्रेरणा को स्रोत हो |

My Vipassana experience मा विनोद जीले अतीव आकर्षक अनुभूति

अभिव्यक्त गर्नु भयेकोछ | विपश्यना स्वयं नै अन्तर्मुखी दृष्टी हो , विश्व वन्धुत्व को धरातल पनि यही हो | गीताको तात्त्विक संदेश पनि यही हो | प्रभास गीता महाकाव्य ले यी कुराहरू लाई ऐना जस्तै स्पस्ट पारेको छ भन्ने यथार्थ लाई सनम संस्मरण गराउन्छु | कम्युनिटी न्यूज द्वारा उपयोगी जानकारी गराइएको छ | समयमा नेपाली culture center लाई जीवन्तगर्नका निमित्त लागी परेका शिशु , भद्र महिला तथा सज्जन सबै साधुवाद का पात्र हुनु हुन्छ | पूर्ण सफलता को शुभकामना |



Chant the name of God, Sing the glory of the Lord
Hare Raam, Hare Raam, Hare Krishna
Hare Ram
Sai Allah, Budhha, Jesus, Zorashtra
Hey Ram Rahim Mahavir Sai Natha
He is in all names and all forms,
choose anyone
He is in all names and all forms, the mighty one.

Saty Sai Baba was born on November 23rd, 1926 and He is 84 years now. Our family with some relatives celebrate his birthday every year by singing bhajans of all Deities, Raam, Krishna, Shiva, Sarvadhama, etc. Bhajans such as this one are simple songs in soulful language expressing emotions of love for God through singing.

- Bipashana Adhikari

Tabla, Harmonium and Flute training opportunity

Govinda and Bhola Phuyal are brothers of a recently arrived and resettled Bhutanese family. The two brothers are very proficient in Tabla, Harmonium and Flute. Anybody interested to learn these instruments can contact them at 773 338 8113 or write email at radhe_govinda@yahoo.com. The Phuyal family lives at 6422 N. Francisco, Chicago, IL.

They are visiting Radheshyam Temple on December 7 and like to show their talent by singing Bhajans in our regular Puja. A sample of Govinda's Bhajan can be found at <http://www.youtube.com/watch?v=4KO30kaSBPQ>

Om Bikram Bista

:King of Pop:

Musical Nite

:LIVE:

WITH OUR OWN

“Chi-town Band” December 12, 2009 @ 5 PM



Thorne Auditorium, 375 E. Chicago Avenue, Chicago 60611

Please refer all your questions to cnpariwaar@gmail.com

Kalimati Clinic

Located around 150 kilometers west of Kathmandu, a small village called Kalimati is in a beautiful area amongst the borders of the Tanahun, Lamjung and Gorkha districts. It sits in the foot hills of Chowk mountain (Danda), is only a few hundred meters west from the Marshyandi river and is surrounded by other beautiful mountains and small tributaries. One can easily see the location of King Prithivi Narayan Shah's old palace (Gorkha Darbar) from Kalimati.

Even though rich in scenic beauty, Kalimati and adjoining Lamjung, Tanahun and Gorkha districts are among the most under developed regions of Nepal and in one of the poorest regions of the world, without any health care facilities. Having experienced the pitiful medical provision here, first hand, a team lead by Dr. Arjun Pant initiated a project to establish a small clinic in the region. In 2002, Dr Pant approached the Pennsylvania United Medical Associated (PUMA) (<http://www.puma2000.org/>) to

seek funding for this project. PUMA indicated that they would be willing to contribute some start-up funding provided that the majority of the funding came from local development authorities and local people. After discussions with local people, land, labor and other contributions were provided to establish the clinic.

Kalimati Clinic provides general medical aid for the local population (50 to 60,000 people) and is staffed by one paramedic and one office assistant. The clinic is well attended by the local population. Approximately 10-12 patients come to the clinic daily for treatment for diarrhea, dysentery, fever, scabies, helmianthiasis, simple pneumonia, acute peptic disease, intestinal colic and for wound management.

You can find more information about Kalimati Clinic at <http://www.peopleofnepal.com/kalimati> or <http://www.kalimaticlinic.tk/>, some pictures of the facility and a list of people who have contributed keeping the clinic

running to date.

This clinic is run as a charitable organization and all of the donated money goes towards providing the services in the clinic and to improve the facility. There are no management overheads.

Please help us by donating a few dollars. Your spare change from purchasing your morning coffee would contribute significantly to expanding the activities and services in Kalimati Clinic. Your generous support would help to provide very basic health services in one of the very poorest regions of the world. Donations can be made at <http://www.peopleofnepal.com/kalimati/donate.html>.

Thank you! - Yagna Pant



Computer Refurbishing Status

Chicago area ASNEng members so far are able to complete the following PC refurbishing and distribution that they obtained from Siemens.

Number of new hard disks purchased: 7 (spend \$350 raised from donation, etc.)

Number of hard drive we have left: 1 and can build and deliver.

Number of PCs built and delivered: 6

Number of PCs delivered as is: 2

Number of PCs built and ready for delivery: 1

There are 2 defective PCs and status of the remaining still need verifications. Items we still need are hard drive (about \$50), and operating system for some of the PCs. There are 3 pledges still to be collected and we like to request our friends to contact us and show their generosity for the benefit of needy people.

- Prabhakant Das

Community News: Update on Nepali Cultural Centre in Chicagoland Area

A Bylaw draft of the Nepali Cultural Center Chicago was circulated to our readers about a month ago. Hope that everyone received and spent some time to read it. ANMA president Mr. Mukesh Singh has sent me his comments and corrections. I sincerely hope to get your comments also soon if you have any. I presented the Bylaw draft and our plans for this year which included finalization of the Bylaw, completion of a business plan, start process for incorporation of the cultural center as a non-profit organization in the state of Illinois and open bank account for fund raising to ANMA executives on Nov. 7 2009. The meeting decided the name to be "Nepal Cultural Center Chicago". Similarly they agreed upon the plan. At this time I am almost completing business plan for the Cultural Center required for incorporation. Once complete I will send it to all of you to read and comment.

Our plan for this year will be to incorporate your comments and other suggestions and complete the remaining targeted tasks planned for this year. I like to thank you all and sincerely request to participate in this endeavor actively.

- Bishnu Phuyal


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रिक्सा नं ३३७

अचेल Key Ring बोक्दिन, किन किन त्यसै गार्हो लागेर आउंछ । त्यसैले आज कोठाबाट निस्केर ताला लगाए अनि चाबी wallet मा राखें ।

मेरी घर धनि कि छोरी एकलै बाहिर थिंइन । कपालमा तेल लगाउदै । काधंसम्म आउने उनको कपाल मलाई राम्रो लाग्छ । म बिस्तारै हांसे, उनि पनि ।
शायद हामी दुवै जना शिष्टाचार निभाउदै थियोँ । कुरा गरेको भए दिन कतिखेर सकिन्थ्यो पत्तो हुदैन थियो । लजाएर हास्नु बाहेक अरु केही बोल्न सकिएन । म दलिन तिर हेर्दै बाहिर निस्के । एक चोटि पछाडि हेर्न मन थियो, सकिन । मेरो पाइन्ट loose थियो, माथि सारे अनि छाता बोकेर हिडे ।

डेराबाट अफिस १० मिनेट को हिडाइमा होला । त्यसैले म रिक्सा चढदिन अफिस जांदा । तर डेराबाट अलिक अगाडि बढेपछि दुइवटा रिक्सा बिस्तारै आउंदै थिए । मैले राम्रै संग हेरे, दुवैलाई । एक जना बुढा, अर्का मेरै उमेरका । रिक्सा चढदा म अलिक जवान मान्छेकोमा चढन रुचाउछु । छिटो त कुदाउंछ । अनि म पनि लोभी मानिस त हुं ।

तर मैले हिजो त्यो रिक्सावाला बुढाको आंखामा धेरै आश देखें, 'चढि दिन्छ कि यो मान्छे' भन्ने भाव ले मलाई रोक्यो । म रिक्सा कटेर हिंड्न सकिन । बुढासंग आंखा जुधे । मैले उनलाई हेरि रहें । नेपाल को सानो झण्डा भएको कट्टु लगाएको रहेछ । मेरो पनि एउटा छ जुन म आक्कल झुक्कल बिहान फुटबल खेल्दा लगाउछु (लाज मानि मानि) । उहि नेपाली हात्तीछाप चप्पल अनि छाति मा Britney Spears बोकेका थिए ति बुढाले । धेरै आश गरेछन, मुख फोरैरै सोधें 'कथई जाबे?' । मलाई हतार पनि थिएन, आवश्यक पनि थिएन, अनि त्यो रिक्शाको मजदुर मेरो रोजाईको पनि थिएन । तर पनि समयको त्यो बिन्दुमा मेरो भावुकताले मेरो स्वार्थलाई सम्पूर्ण रुपमा जीत्यो । मैले केहि सोचिन र सोचन पनि चाहिन । टेलिफोन अफिस जांउ भन्दै छाता काखीमा च्याप्टै म रिक्सा चढें ।

म चढेपछि उनि रिक्साबाट ओर्लिए । एउटा हातले ह्यण्डल र अर्को हातले रिक्साको फ्रेमको रड समातेर ताने । म engineering को विधार्थी , High Starting Torque को कुरो सम्झे । Series Field Winding भएको DC Motor ठिक हुन्छ यस्तो CASE मा, मेरो ज्ञानले त्यहि भन्यो । तर कहां मेरो अध्ययन कहां यी बुढाको जीवनको वास्तविकता । फेरी सोचें भाषा र प्रस्तुति त फरक हो, बुझाई त एउटै हो । मेरो अध्ययनले भनेको Series DC Motor For High Starting Torque उनको जीवनको अनुभव- 'मालिक' चढेपछि रिक्सा गहौ हुन्छ, अलिकति तानेर मात्र कुदाउनु पर्छ । हैन र? रिक्सा कुदयो । म उपर खुट्टि लगाएर बसें ।

बाटोमा स्कुल जाने केटा केटी थिए, उनलाई हेरे । त्यो पुरानो बेला सम्झे । मन हर्षित भयो । अफिस जादै गरेका मान्छे थिए, उनलाई हेरे, फेरि आफुलाई । भविष्य वर्तमान हुनलागेको भान भयो । मन कस्तो कस्तो भयो । निलो कुर्ता सलवारमा सजिएकि नारी देखें, सपना सम्झे । सपना मै भुलें । मैले रिक्सा पनि बिसें, बाटो पनि ।।।

'यहिं पे मालिक?'

अफिस आएछ । बुढाले रिक्सा रोके । अब भाडा दिनु छ, के गरौं के ! भाडा कति दिनु? सोध्न सकिन । मैले आफै जानेर दिनु पर्ने, कस्तो गार्हो (१० रुपैया थियो भाडा) । मैले जति दिनु थियो लेनदेनको नियम नबिगारि दिनु थियो । मैले बिस रुपैयाको नोट दिए(खल्तीमा १० रुपैया हुदा हुंदै) । उनले "खुल्ला देउ 'मालिक'? भने ।

मैले "छैन म संग, भै गयो अहिले राख्नुहोस, अर्को चोटि मिलाउंला" भने । उनले एकछिन भने, अनि सिट भित्र राखेको पोको झिकेर १/२ रुपैयाको नोट गरेर मलाई १० रुपैया फर्काए । मैले गाहो मानेर लिए । मन खल्लो खल्लो भयो । ति बुढा त्यही बसे रिक्सा फर्काएर । मैले फर्केर हेरे,

"बैजनाथपुर गा वि स, रिक्सा नं ३३७ ।"

हिजो अफिसमा उदास मनको साथ काम सकाए । डेरा फर्के, कुन बेला चिया सकियो, कुन बेला निदाए केहि थाहा भएन ।

आफैलाई टटोल्दै छु । All of us are, by born, emotional. हामी सबैमा भावुकता छ । हामी सबैमा स्वार्थ छ । कसैमा थोरै त कसैमा धेरै । किन समय को कुनै कुनै बिन्दुमा मात्र हाम्रो भावुकताले जित्दछ हाम्रो स्वार्थलाई!! म उत्तर खोजी नै रहे ।

Rajeev Ghimire
(MSEE student at Northern Arizona University, Flagstaff)

Truth

Truth, oh, truth,
Truth, alas truth,
I don't seek thee.
I am seeing,
The multiplicities, the structures,
happy faces, dejected spirits.
And i am living,
Existence and endless conjectures
convoluted with me at 2:22 p.m.
Fractal tree, sturdy and free, stands
on my drive way,
At this moment,
A monotonous caw of a crow, coming
from outside
Spans some moments,
Nonetheless, an eternal in itself.

Sudip Adhikari (MSCE, University of Akron, Ohio)

Best Wishes to our Birthday Stars

Submit your birthday Information with the pictures by via email to peopleofnepal@gmail.com by 20th of the month, to be included in our next edition.