



# People of Nepal

Your Virtual Library



TEMPLETIMES



NEWSLETTER



## Welcome to the 3<sup>rd</sup> Edition of TempleTimes Newsletter

The purpose of this newsletter is to keep you up to date on events and activities in or around the Nepali community. Newsletters can be a great way to market your product or service, and also create credibility and build your organization's identity among peers, members, employees, or vendors.

A big thanks to the readers of our previous editions of the templetimes newsletter. We hope to have your continued support and encouragement for future editions. Koti Koti Dhanyabaad to all the contributors of this edition. KEEP THEM COMING. (Future Articles/stories/pictures

etc always welcome). Please email them to [templetimes@peopleofnepal.com](mailto:templetimes@peopleofnepal.com) before 20<sup>th</sup> of the month, to be included in the next edition.

- Editor



June 2009  
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## काली महिमा

काली माता संसारकी आधार शक्ति हुन । यिनैको शक्तिद्वारा संसारको सृष्टि, स्थिति र प्रलय हुन्छ । यिनैको आराधनाले भक्तहरूको मनोकामना तुरुन्त पुरा हुने हुँदा सम्पूर्ण नेपालमा यिनको सर्वोत्कृष्ट स्थान रहि आएको छ । शास्त्रमा पनि “कलौ चण्डी विनायकौ ” भनेर कलियुगमा तुरुन्त फल दिने देवताको रूपमा काली माता र गणेश भगवानको उल्लेख भएको पाईन्छ । शिवमा भएको इकार कालीको रूप हो । त्यो इकार निकाली दिए शिवजी शव बन्नु हुन्छ । कालीको शक्ति द्वारानै शिवजी संसारको प्रलय गर्न समर्थ हुनुहुन्छ । त्यसैले संसारमा निर्बल व्यक्तिलाई जनाउन पर्दा यस्मा शक्ति छैन भनेर भनिन्छ, तर विष्णु र शिव छैनन् भनेर भनिदैन यो कुराले शक्तिको प्रधानता जनाउँदछ ।

देख्दा भयंकर लागे पनि नरिवल जस्ती वाह्यबाट कठोर र भिन्न अतिशय सुकोमल र ममतामयी माता काली आफ्ना सबै प्रकारका भक्तहरूलाई आश्रय दिने र कृपावृष्टि बर्साउने गर्नु हुन्छ । “कुपुत्रो जायते क्वचिदपि कुमाता न भवती “अर्थात कुनै छोरा कुपुत्र हुनसक्छ तर माता कुमाता कहिल्यै हुन सक्दैन भनेर जगद गुरु शंकराचार्यले माताको सर्वोच्चतालाई प्रकट गर्नु भएको छ ।

विश्वप्रसिद्ध महाकवि कालीदास काली माताको कृपापात्र हुन । स्वामि विवेकानन्दका गुरु रामकृष्ण परमहंस भक्त शिरोमणिका रूपमा विश्वविख्यात छन्, जस्लाई कालीमाले आफै आएर उठाउनु हुन्थ्यो र पुजा गर्न लगाउनु हुन्थ्यो । उनैको आग्रहमा माताजीले आफ्नो जाज्वल्यमान स्वरूपको दर्शन गराउनु हुन्थ्यो, जुन तेजो पुञ्ज देखेर रामकृष्ण परमहंस धेरै दिन सम्म मुर्छित हुनुहुन्थ्यो । संसारमा भइकिएका विवेकानन्दलाई एक क्षणमानै ईश्वरको दर्शन गराउन सक्ने अपार शक्ति कालीमाता द्वारानै प्राप्त भएको थियो । सम्पूर्ण ज्ञान, बुद्धी, विवेक र ऐश्वर्यका खानी काली माताको उपासनाले जिवन उल्लासमय, उत्सवमय एवं आनन्दमय बन्दछ ।

पं. तुलसि राम शर्मा

### Teach your kids Nepali?

Many of us, Ms. Pratibha Phuyal in particular, would like to use this opportunity to gather the children in the basement of Radhey Shyam Temple during the monthly puja every first Saturday of the month, and teach them Nepali cultural and language. This will make their time as fruitful and enjoyable as yours. Please support this initiative and bring your children to the temple. Any suggestions are always welcomed.

## सत्संग के हो

जुन ठाउँमा केहि मानिसहरु जम्मा भएर राम्रो कुराहरुमा छलफल गरिन्छ त्यो नै सत्संग हो । जस्तो कि धर्मको बिषयमा छलफल गरेमा धार्मिक सत्संग भनिन्छ । घर परिवार संगै बसेर कुरा गर्दा घर सत्संग भनिन्छ । स्कुल कलेजमा जम्मा भएर पढाइको बिषयमा कुरा गर्दा शैक्षिक सत्संग भनिन्छ । सत्संग हामिलाई किन चाहिन्छ ? हामिहरुले सबै कुरा आफुले मात्र जानेका छौ भन्न मिल्दैन , त्यसकारण सत्संग गरेर एक अर्काको बिचार आदान प्रदान गर्न सक्छौ । कतिपय कुरा आफुले नजानेको कुरा

जान्न सक्छौ । त्यसैले हामिहरुको सब भन्दा पहिलो घर सत्संग गर्ने बानि बसालौ -  
घरको सदस्यहरु जो हुनुहुन्छ बुबा - आमा -श्रीमान - श्रीमती र आफ्ना बच्चाहरु समेत बसेर कुरा गर्ने गरौ । यसबाट के हुन्छ भने बच्चाहरुलाई कुन राम्रो कुन नराम्रो कुरा हो सिकाउन सकिन्छ । अर्को कुरा घरका मान्यजनहरु बाट उहाँहरुको अनुभव सुनेर केहि समस्या भएमा समाधान गर्न सकिन्छ । धेरै समय नभए पनि दिनमा १५ मिनेट मात्र ,यदि त्यो पनि सम्भव छैन भने

हप्तामा १ चोटि त अवस्य सकिन्छ । आफ्नो गलति आफुलाई थाहा हुदैन , त्यो अरुबाट मात्र थाहा हुन्छ । त्यसकारण सत्संगमा जाने बानि बसालौ । राम्रो कुराहरु सिक्ौ ।

अन्जु अधिकारी

Typed by Sangita Subedi



## Tech Column: Lets Pizza Machine!!!

Hands on a new invention called Let's Pizza that obviously creates you pizza. Not just any pizza, a crispy, cheesy, scrumptious pizza with a smorgasbord of toppings, cheeses, sauces, and crusts. Add delectable olives on your pizza, choose old-world Italian sauce, use Munster instead of the same old mozzarella, and chose the style of cooking (frying, pan baked, etc.). Italian designer Claudio Torghele created a pizza making machine where you insert €3.50 (just under \$5) and out comes your mouth-watering pizza in 3 minutes which bakes right in front of you.

The Machine uses user-friendly technology to select your settings. Let's Pizza currently arising in Europe but, Claudio Torghele says that it will hit the U.S. market by summer 2009. Bob Bibleman has changed the design with technology to keep fresher ingredients, glass windows to see the dough being kneaded, and faster cooking processes. His failed designs include a robot cook, lawn mower, and robot vacuum.

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Email:

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Please share your stories, pictures, and be an active contributor.

Cons of the Design

- No refunds for a defected pizza.
- Should have things to do to makeup for time wasted (Suggestion: Play Mr.Bean episodes that everyone loves ;))
- No Credit/Debit card support-yet.
- Should be cheaper for a personal pizza (about 8-9")



By: Niraj Pant (Age: 11)

## Best Wishes to our June Birthday Stars .....

Dibya Phuyal, June 6

Jyoti Adhikari, June 26



Submit your birthday information with the picture via email to [templetimes@peopleofnepal.com](mailto:templetimes@peopleofnepal.com) by 20<sup>th</sup> of the month to be included in our next publication.

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## Tech Column: 3G Vs 4G Comparison

3G Network	4G Network
Available on most networks Ex: Sprint, AT&T, Verizon and more	Only available on Sprint, but coming to Verizon Wireless by the end of 2009
Available to public on May 2001	Available to public February 2007
14.4 Mbit/s between any two points in the world	100 Mbit/s between any two points in the world
Many phones as the Apple iPhone, Blackberry Storm and Palm Treo are 3G Phones.	At the present rates of 15-30 Mbit/s, 4G is capable of providing users with streaming high-definition television
Internet speed is 128 kbit/s in a moving car and 384 kbit/s at or below pedestrian speeds	The content of a DVD-5 or movie can be downloaded within about 5 minutes



Kunj Mainali (Age: 11)

### Definitions:

**Kbit/s:** A kilobit per second (kbit/s or kb/s or kbps) is a unit of data transfer rate equal to 1,000 bits per second or 125 bytes per second.

**Mbit/s:** A megabit per second (Mbit/s or Mb/s or Mbps) is a unit of data transfer rate equal to: 1,000,000 bits per second or 1,000 kilobits per second or 125,000 bytes per second.

We're on the Web!

<http://www.peopleofnepal.com/startup/Community/temple/newsletter/>

## Youth Column: The Dancing Man, Sam

*There once was a man  
His name was Sam*

*He loved to dance  
Wearing his baggy pants  
With his sister Ann*

**By: Siddhartha Adhikary (Age: 9)**



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### Mark Your Calendar

NASeA / ANMA JOINT  
CONVENTION 2009

**Labor Day Weekend**

September 4, 5 and 6 at  
Hilton Hotel North Raleigh

Registration Fee-  
NASeA/ ANMA LfMembers- \$60

Regular Member- \$ 65

Students- \$50

Hotel Address- 3415 Wake  
forest Road

Raleigh NC 27609

Telephone # 919-872-2323

## Coming Soon!!! 2days Workshop on Hands on Computer Training

**Background needed:** 1) Nothing whatsoever! 2) No previous background with computers is assumed!

**What you will learn:** a) How to use computers effectively.

b) How to trouble-shoot likely problems, if any: c) Be familiar with computer related terms. d) Most importantly, how to have fun with computers:

**Who are the teachers?** A group of engineers who has been working professionally with Computers for more than 10 years. Yes, they speak Nepali and English.

**Where is the venue?** It will be in a class-room setting in Schaumburg, Streamwood, Aurora area. We are in the process of finalizing the location.

**How much will it cost?** \$25.00 for the 2 day session. You will receive a booklet for your future reference. All the proceedings will go towards social services.

**Hurry Up and Register – Seats are limited. For registration, email:**  
[templetimes@peopleofnepal.com](mailto:templetimes@peopleofnepal.com)

### Bhajan Collection:

A record is being created for different categories of Hindu Bhajans to be used during the monthly Puja conducted by the Nepalese Community in Shree Radhey Shyam Temple. If you would like to share your Bhajans with us, please make a printout and submit to us during the monthly temple puja.

Contact: Komal Dutta  
([komal Dutta@hotmail.com](mailto:komal Dutta@hotmail.com))

## Success Story: Illinois Secretary of State Humanitarian Award 2009

Office of the Illinois Secretary of State selected Dr. Bishnu Phuyal as one of the recipients of the Illinois Secretary of State Humanitarian Award 2009. He received this award on May 19 from the Secretary Jesse White.

Dr. Phuyal is involved in various community social and spiritual activities. Notable one is a very successful congregation of Nepalese in Chicago land area in a temple once every month for worshipping and spiritual discourses for last three years. His recent involvement includes coordinating with a number of fellow Nepalese to reach to newly resettled Bhutanese refugees of Nepalese origin in Chicago area to support them with social, cultural and religious needs. Dr. Phuyal is also a very active member of the Board of Directors of American Society of Nepalese Engineers (ASNEng) and serves as the Chair of the Outreach and Membership Recruitment Committee of the society.



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### Inspiring Quotation from Rigveda

*There was neither non-existence nor existence then; there was neither the realm of space nor the sky which is beyond. What stirred? Where? In whose protection? Was there water, bottomlessly deep? There was neither death nor immortality then. There was no distinguishing sign of night nor of day. That one breathed, windless, by its own impulse. Other than that there was nothing beyond.*

## Success Story: Found Asian Award

Sharda Thapa was one of the three recipients, from Mayor Richard Daley, of this year's FoundAsian Award, from The Advisory Council on Asian American Affairs in recognition of his steadfast support of promoting diversity in Chicago and in all that he has done over the number of years in helping not only the Nepalese American Community, but the entire Asian American Community in Chicago. The Council recognizes the contributions to society and the dedication of a few Asian-Americans in helping make this city little more bias free, each year during Asian

Heritage Month in May. The award ceremony was held in the Harold Washington Library Winter Garden on May 28th, 2009.



**Suggest a new name for our TempleTimes Newsletter, and if your name is selected, you will earn 20\$ in gift certificate. Email [templetimes@peopleofnepal.com](mailto:templetimes@peopleofnepal.com) with your suggestions.**



Established in 2007, Taste of Himalayas Restaurant is conveniently located in the heart of downtown St. Charles. It serves unique and authentic finest cuisines from Himalayan country of Nepal and India to provide a culinary experience to our guests. Please visit (<http://tasteofhimalayas.com/>) for location and business hours.