



Welcome to the 12th Edition of Chicago Chautari Times

"One of the things I keep learning is that the secret of being happy is doing things for other people" - Dick Gregory. It gives me immense pleasure today to announce the publication of our 12th edition of this newsletter. This wouldn't have been possible without your continuous feedback and contribution. It just feels like yesterday, and here, we have achieved this great milestone, and it gives a reason for all of

us to celebrate and be proud of it.. Year 2009 saw many events and activities around chicagoland area which helped to bring our nepali speaking friends, brothers and sisters together under one umbrella and celebrate. Just to name few, nepali mela, ASNEng technical gathering, New year and dashain parties, OBB Show, regular monthly puja and NRN Townhall meeting. This

year we have even more bigger and challenging work ahead of us, that is to fulfill our dream of Nepali Cultural Center. No one said that this would be easy, but its not impossible. So, friends, please come forward, lets join our hands together and make this dream come true.

- Editor's Choice

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राम नवमी - हिन्दु समाजमा रामलाई भगवानको रूपमा पूजिने गरिन्छ । मर्यादाका खानी राम भगवानको अवतार त्रेता युगमा भएको हो । राम जन्मनु भन्दा पहिले नै ऋषिमुनिहरू रामनामको जप गर्ने गर्थे । यसले के कुरा प्रमाणित हुन्छ भने परम शाश्वत दिव्य शक्तिको नाम नै राम हो । त्यहि दिव्य शक्तिद्वारा संसार संचालित हुन्छ । जसले दशरथको घरमा अवतार लिएर संसारलाई मर्यादा, भाइचारा, मातृ-पितृ भक्ति, राष्ट्रभक्ति र त्यागको पाठ सिकाउनु भएको थियो । धर्म उत्थानको लागि वार वार हुने अवतारहरूले हिन्दु धर्मको मर्म बोकेको छन् । **अपि स्वर्गमयी लंका न मे लक्ष्मण रोचते जननी जन्मभूमिश्च स्वर्गादपि गरीयसी ।**

यो रामद्वारा उच्चारित वचनले संपूर्ण विश्वलाई राष्ट्रभक्तिको सशक्त नमुना प्रस्तुत गरेको छ भने, माता-पिताको आज्ञा पालन गर्दै हुने लागेको अधिकार प्राप्त राज्याभिषेक छोडेर १४ वर्ष जंगल गएको प्रसंगले आजको पद लोलुपता र सत्ता-लिप्सामा चूर्लुम्ब डुवेका स्वार्थी नेताहरूले सिक्नै पर्ने भएको छ । आज रामको आवश्यकता हाम्रो देशलाई छ । जन्म दिने आमाबाबु अबहेलित भएको यो युगमा राम अभाव अतिशय खट्किएको छ । राम भातृप्रेमको सर्वोच्च नमुना हुन । १४ वर्षसम्म आफ्नो राज्य अरुलाई सहज सुम्पिन सक्ने अतुलनिय क्षमाताका धनि राम त्यागको प्रतिमुर्ति हुन ।

शायद त्रेता युगमा रामको यति धेरै आवश्यकता थिएन होला जति अहिलेको युगमा छ । फेरि यौटा राम जन्मिनु नै पर्छ । त्रेता युगमा एउटा रावण थियो अहिले हज्जारौं रावण भइ सकेका छन् । सज्जन ऋषिमुनिहरूलाई राहत राम विना संभव छैन । विभीषण शरणमा आउंदा लंकाको राज्य प्रदान गर्दै राज - तिलक गर्दा सुप्रिबले रामलाई रावण शरणमा आयो भने के गर्नु हुन्छ भनेर सोध्दा अयोध्याको राज्य दिन्छु भनेर जवाफ दिने महापुरुष यो दुनियामा राम वाहेक अरु कोहि जन्मेको छैन । सबैको राजीखुशिमा राज्य चलाउने राम एकजना धोवीको असन्तुष्टिमा ध्यान दिन्छु भने आज लाखौं जनाको भावनालाई पनि कुल्चेर राज्यश्री आफ्नो हातमा राख्न खोज्छु । अब राज्य होइन राम राज्य चाहिएको छ । राम आउने पर्छ र आउछन पनि । अनि सज्जनलाई समाउछन र दुर्जनलाई गलाउछन । मार्च २४ को राम नवमीले हामीलाई रामको मर्यादा आदर्श र चरित्रले परिपूर्ण गरोस् । यहि शुभकामना । शान्ति ॥

पं. तुल्सी राम शर्मा typed by: Sangita Subedi



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Nice People – Jyoti Adhikari

People are nice in many different ways. If you do things you enjoy and don't hurt anybody, then you are essentially a nice person. If you keep looking for the positives in any given situation and don't take any action with greed or for personal gain, you are a nice person.

Others may not like what you do and may think you are not a nice person. But you just have to take it easy and move on. When we think of nice people we see a person who is pleasant, inviting, sweet, helpful, approachable, understanding, and reliable. You are a nice person when you appreciate what you have and respect others. Most of the time, you have to offer help, money, or time to become a nice person. This list goes on and on. I am busy chasing my own needs and do not have time to be a nice person. I hear that a lot. When you have good feelings for others, you

should know that you are a nice person even though you can't offer any thing. If you are working hard to run your business and you don't worry about the world, then that may just be your personality. That is the real you and the nice you. You can't be nice to others if your own needs aren't being met.

Take time to do things that you enjoy. The better you feel, the better you'll treat other people and you will eventually become a nice person. How can one become a nice person? Here are some tips for everybody. Acknowledge a person's presence and smile with eye contact. Listen to the other person's point of view. It is just as important as yours. Don't bring up unrelated issues that happened last year to start a fight. Treat others with the care the way you want to be treated. Put yourself in another person's position. Treat every body fairly.

Sometimes you have to

compromise your personal interest for the good of the family or others. This is the best solution. Especially for a newly wed couple, if you learn to compromise you win. On the other hand, some people try to take advantage of nice people in our society. For example, one of your friends asks you for a hundred dollars. He forgets to pay you back but next time he asks you for two hundred. This may be just because you are so nice. So, before that happens to you, stand up for your beliefs and let it be known that you will not be taken advantage of while supporting others. Understanding others and thinking outside the box of your own world will always help you become a nice person.



Android Phone Roundup – Niraj Pant

Well, here you have it. A slew of jam-packed, power-hungry, app-crazy smartphones. Keep in mind, these phones run on Android, an open source mobile operating system produced by Google. We are looking at my top four picks of Android phones.

Motorola Droid

iDont have flash. iDont simultaneously run apps. Verizon's campaigning arsenal seemed to target all of Apple's failures on the iPhone, with Anti-iPhone motives. This black beauty definitely has style with sharp curves and gold accents. The crystal-clear 3.7 inch screen dominates the top half with 4 shortcut buttons. When slid out, the phone reveals a tight, soft keyboard with a 5-way D-Pad. The storage is amazing too, with 16 whopping gigabytes of memory on a single, tiny micro SD card.

Motorola Backflip

Let's face it. Motorola has had a creativity block since the RAZR era. Not anymore. This gorgeous reverse flip phone is sure to envy all of your friends. Coated with platinum sliver with 2 GB of internal memory also has a technologically advanced webpage scroller on the back. The phone painted many with curiosity when it was first spotted in the wild.

ODroid

Well, it's confession time. No, this isn't a phone. Well, it kind of is. The South Korean Developers at Hard Kernel designed this piece of technology with kids, games, and developers in mind. This device runs on Android 1.6 (Donut) and requires no data plan. This husky device houses an 833 MHz Samsung S5PC100 Processor (same as iPhone 3GS). There is no internal 3G, but it supports Wi-Fi and Bluetooth. The lite edition costs \$199 USD with an 8 GB

micro SD card for storage.

Google Nexus One

A lightning fast Snapdragon processor with a 4 GB Micro SD for storage sets this new Google package as my 4th pick. The Nexus One runs android 2.1 (Éclair) which includes multi-touch gestures and live wallpapers. This device is manufactured by HTC who did a very good job of keeping the phone slim and light. An optical track ball makes web browsing and game-playing easier. Google's Nexus One is \$529 USD for an unlocked version or \$179 with a T-Mobile contract. It will be coming to Verizon Wireless and Vodafone in the spring of 2010.



Do you have any Questions or Comments? **Please e-mail me at nirajpant7@gmail.com**

Bishnu Maya Pariyar is the Founder and President of Empower Dalit Women of Nepal (EDWON), a non-profit empowerment and human rights organization that offers micro-credit, literacy and vocational training for low-caste women, and scholarships for girls (www.edwon.org). It is serving over 2500 low-caste women and 2500 children throughout the poorest and the most remote areas in Nepal. She has also established a sister organization in the United States. This organization conducts public education on the conditions of *Dalits* and women in Nepal as well as raises funds for program activities. She serves as a family advocate and works against domestic violence. She

holds a Master of Arts degree in International Development and Social Change from Clark University, Worcester, MA. Since 2006, she has earned numerous national and international awards in recognition of her human rights activities. Bishnu Maya currently lives in Boston. She plans to spend time equally in Nepal and the US in near future so that she can conduct her work more effectively.



Work Beyond the Classroom: A Haitian Earthquake Relief Fund Raising Event

In response to the earthquake in Haiti, it is a duty for public service administration students to respond to the “landscape-scale” disaster that only magnified Haiti’s pre-event systemic vulnerabilities. Though many of us can’t go to Haiti to support and assist directly, we are eager to help and are better off providing help from here than by heading for the Caribbean.

On February 6, 2010, I participated along with other graduate students from DePaul University, Governors State University, and Roosevelt University in a partnership effort to organize an event in conjunction with the global non-profit organization - Friends of the Orphans, in assisting with relief efforts primarily to raise money by selling bracelets and other memorabilia made by the students as well as by asking for

donations. The event took place in various stationed locations throughout Chicago. These location included coffee shops, bookstores, music stores, and community centers. The estimated amount of funds raised from the one day event exceeded \$100, 000. This event was created, organized and volunteered all by students.



Biswa Phuyal

Unique Religion: The Hinduism

Do you wonder sometimes why we pray to different Gods, or where Gods are right now? Well, we pray to different Gods because they symbolize different things. For example, Laxmi symbolizes the Goddess of wealth, and Ganesh symbolizes the God of Good Luck and much more. Also, do you ask yourself where the Gods are? Some believe that Gods are high up in the sky, but instead, they are everywhere - in the form of different elements such as air, space, fire, water and earth. We worship them with different names such as Air as Vayu, Fire as Agni, Water as Ganga. Also God is in our body and soul. I’ve noticed that God has a mighty POWER: he is the giver and taker of our life.

In Hindu Religion, we believe in Karma because we build our own karma by our actions. My parents tell

me that God is always with us and watching us all the time. If we do good we get “Rewards”, and if we do bad we get “Punishments” from God. This is the part of Karma.

Therefore, please always try to be kind and caring to others, choose the right path, obey the rules of elders and Pray to God whenever you can. That definitely will lead us to the good way of life. And that is our Unique Religion.



Neha Khadka

Best Wishes to our Birthday Stars

Submit your birthday Information with the pictures by via email to peopleofnepal@gmail.com by 20th of the month, to be included in our next edition.

**DON'T
QUIT**



Source:
Internet

When things go wrong as they sometimes will;
When the road you're trudging seems all uphill;
When the funds are low, and the debts are high;
And you want to smile, but you have to sigh;
When care is pressing you down a bit
Rest if you must, but don't you quit.

Success is failure turned inside out;
The silver tint of the clouds of doubt;
And you can never tell how close you are;
It may be near when it seems afar.
So, stick to the fight when you're hardest hit -
It's when things go wrong that you mustn't quit.

4 *Nepali American Center Update – Feb 28 2010*

New name: Based on general opinions including those of Honorary Ambassador Dr. Shankar Prasad Sharma, the name - Nepal Cultural Center Chicago has been amended to Nepali American Center (NAC) and its domain name to nepaliamericancenter.org. Any other appropriate name in future can equally be assumed and assigned if it becomes necessary.

Working Committee: Until an election can be held according to Bylaws, a Working Committee consisting of nine designated members (listed in the incorporation letter and ad-hoc committee), seven new committee members (Website, Bank and Building/Facility, etc.), thirty two requested additional members and fourteen advisors have been formed to steer for timely progress of the center. THIS IS A VOLUNTARY WORK AND ARE WELCOME TO HELP BY ANY MEANS POSSIBLE. As cultural center is a CHAUTARA, everyone should contribute towards its success. An election may be possible on or before anniversary puja in June. The responsibility of coordinating the works will be shared by Bishnu Phuyal and Ankur Sharma.

Immediate tasks: Our immediate tasks at hand are: a. Compile a complete list of names in Chicagoland area and beyond, b. Collect additional names not in the list, c. Divide the list so that each of us can approach people they know, conduct meetings, inform them about cultural center initiative, listen to their opinions and request for investing or donating for the center. Other important works are holding a large gathering to pass Bylaws, conduct election, start finding appropriate properties, etc.

A Website Development Team of very talented and enthusiastic friends - Ankur Sharma, Deepak Khanal, Roshita Mukhia, Sagar Regmi, Smarika Sitaula, Angela Khanal and Binod Dhungel has also been formed. They have already conducted three meetings, formalized technical concepts, registered for domain name and distributed assignments among the team members. A new flier is also almost complete for communication.

Similarly, Leena Joshi, an architect by profession, has expressed her interest in coordinating the building design, renovation works and in preparing the samples of various facilities that will be put on the website. Please contact us if you are interested in helping as well.

In consultation with many of you and ANMA executives, we have decided to open a bank account with ANMA fiscal sponsorship, as required for tax deduction for your donation. The signatories for the account will be Chandra Chataut, Bishnu Phuyal and ANMA treasurer Rajendra Khatiwada. We will inform you when the account will be ready for your investment/donation.

Help wanted:

1. Cultural center logo: With center name and domain name sort of resolved, I think that it will be nice to have its logo as well. Please submit your design. If yours is selected, you will be rewarded.
2. Graphics designer: Website team is looking for someone who has skills and familiarity with HTML, CSS and Macromedia Flash/Fireworks. Please contact the team, if you are interested.

ESTABLISHING CULTURAL CENTER IN CHICAGO IS AN OPPURTUNITY AND WORKING FOR ITS SUCCESS IS OUR SHARED RESPONSIBILITY.

Martial Arts – By Paras Adhikari

Martial arts like karate are a way to focus and respect so you can learn discipline. There are many different types of martial arts like tychi, ninjutsu, jujitsu, tiquando, kung fu, and karate. They also come from different places in the world like China, Japan, and the Korea's. Different types of martial arts are meant for different thing like how some are to teach self defense or for relaxation. Kung fu and karate are useful in real life because they tech you to react quickly and defend yourself. Hi this is Paras Adhikary I have been doing karate for six years so I know a lot about it all I used to be in a Korean karate but now I am in a Japanese one.



Paras Adhikary

NEED A LOGO FOR NEPALI AMERICAN CENTER (NAC), GOT IDEA??? Contact admin@nepaliamericancenter.org

NEED A PC, BUT CAN'T AFFORD ONE, WE WILL HELP, CONTACT US AT peopleofnepal@gmail.com

Shailesh and Aimee Ghimire from Arizona like to introduce SabdaMala.com to the Nepali Community! SabdaMala is a video-based program, teaching school-aged children who are growing up outside their home-culture of Nepal, to read and write the Nepali alphabet. It is ideal for children ages 8-13. This entire program is available to view online at SabdaMala.com. You will find twenty 15-minute videos along with twenty homework assignments. By the end of the program, your child will be able to read and write the entire Nepali alphabet! Let's pass on our heritage to the next generation. Come visit SabdaMala.com and sign up today!



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